



Science: William Martin & St James



Topic: Seasonal Changes

Year 1

Strand: Physics

Key knowledge

There are 4 seasons	SpringSummerAutumnwinter
Autumn happens in September, October and November	
Winter happens in December, January and February	
Spring happens in March, April and May	
Summer happens in June, July and August	

The length of the day changes during the seasons. There are still 24 hours in a day but the time the sun rises and sets changes

What I should know by the end of this unit:

- Changes happen to the environment during different seasons
- There are different types of weather in different seasons as well as different lengths of day which can be described & compared

Key Vocabulary

Spelling	definition
blizzard	A powerful snowstorm
deciduous	A tree that sheds (looses) leaves every winter
frost	Ice that is formed when water vapour freezes on a surface
hail	Small lumps of ice and snow
harvest	The time for gathering crops
hibernate	A time when some animals go to sleep in a safe place to stay warm during winter
migrate	Some animals and birds travel to different places where the weather is warmer
season	The year is broken into 6 season: spring, summer, autumn and winter
sleet	Frozen or partly frozen rain

Autumn features	 Harvest time is in this season. Temperatures drop and it gets dark earlier because there is less sunlight. Skies can be overcast. Birds migrate to warmer climates Leaves change colour and start to fall from some trees. Animals begin storing up food for the winter.
Winter features	 The coldest time of the year. There are less and less hours of daylight. We sometimes see snow, frost in the morning, sleet, blizzards and hail. Water freezes to ice Many plants stop growing. Some trees lose all their leaves. Some animals including hedgehogs and tortoises hibernate.
Spring features	 In this season temperatures rise and the ground starts to warm up. Flowers begin to grow. This season is associated with rebirth and growth. Some baby animals are born e.g. lambs and chicks
Summer features	 The hottest time of the year There is usually sunshine and generally dry weather but there may be thunderstorms too. Flowers and trees are in bloom.





Science: William Martin & St James



Topic: Seasonal Changes	Year 1	Strand: Physics
-------------------------	--------	-----------------

Leaves begin to fall in	Start of unit	End of unit
spring		
summer		
autumn		
winter		

Complete the sentence with the words short and long to make it true.	Start of unit	End of unit
In summer the days are and in winter the days are		

The weather in summer is usually? Tick 2	Start of unit	End of unit
Sleet		
Sunshine		
frosty		
hot		

The weather in winter is usually? Tick 2	Start of unit	End of unit
sunny		
rainy		
cold		
hot		