



What I should know by the end of this unit:

- Animals have offspring that grow into adults
- Animals including humans need 3 basic things for survival. These are food, water and air
- Humans need exercise and eat a balanced diet to keep healthy and to wash to keep clean

Key knowledge

To stay alive all animals have 3 basic needs.



To grow into a healthy adult, we must eat the right types of food in the right amounts and exercise.

A healthy diet is important. We should eat a variety of foods regularly.

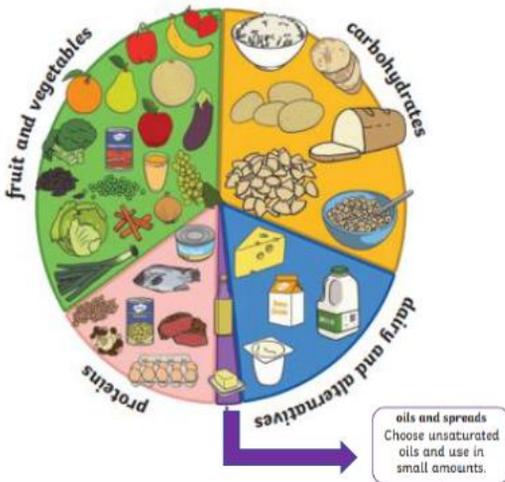
To stop illness and infections spreading, we must be hygienic and keep ourselves clean.

When we feel poorly we may need to take medicine to help us get well again.

Key Vocabulary

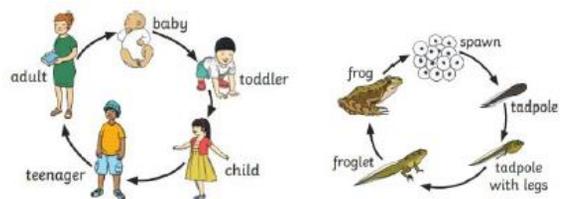
Spelling	definition
diet	The food and water that an animal needs
disease	Illness or sickness which affects humans, animals or plants
exercise	A physical activity to keep your body fit
hygiene	How clean something is (to stay healthy and stop disease and illness spreading)
life cycle	A series of changes that an animal or plant passes through from the beginning of its life until death
medicine	A drug or other substance used to treat disease, injury, pain or other symptoms
offspring	The child of an animal
reproduce	When living things make a new living thing of the same kind
survive	To stay alive

Eatwell Guide



Life cycle

All young animals change at different stages as they grow into adults. This is called a life cycle.





Reproduction

All living things reproduce and have offspring.

Some animals give birth to live young. Their offspring normally look like them when they are born



Other animals have offspring which do not look like them e.g. fish and amphibians



Some animals lay eggs which hatch into live young. The young then develop into an adult. When these eggs hatch, some animals look like their adult e.g. birds and reptiles



All of these offspring must receive the basic needs of animals to grow into adults. When they are fully grown, they can also reproduce. And so life goes on.



Science: William Martin & St James



Topic: Animals incl humans	Year 2	Strand: Biology
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Tick all the things that animals need to survive	Start of unit	End of unit
Water		
Exercise		
Air		
food		

How can humans keep healthy?	Start of unit	End of unit
Exercise		
Balanced diet		
Medicine when given by a nurse		
Look after animals		

The word offspring means ...?	Start of unit	End of unit
A for of gymnastics		
To go on and then off		
A season of the year		
A person's child or an animal's young		

How can you maintain good personal hygiene?	Start of unit	End of unit
Brush teeth		
Wash regularly		
Brush hair		
Wear clean clothes		
All of the above		