

TERM	All year groups at the start of year:	AUTUMN 1	AUTUMN 2	SPRING 1		SPRING 2		SUMMER TERMS	
FOUNDATION STAGE	All year groups at the start of year: Establish a classroom ethos that promotes 'The Power of Yet' and a Growth Mindset approach to learning. Daily mindfulness practice. Display in classroom. Set up Ground Rules for PSHE	<b>BASIC FIRST AID FIRST AID FRIDAY (WORLD FIRST AID)</b>  <b>VALUING DIFFERENCE</b>	<b>HEALTHY RELATIONSHIPS (ONLINE SAFETY/ANTI-BULLYING)</b>	<b>DRUGS AND ALCOHOL AWARENESS</b>  <b>HEALTHY CHOICES &amp; HYGEINE</b>	<b>BRITISH VALUES</b> Inclusion, belonging and extremism	<b>RAISING HOPES AND ASPIRATIONS</b>	<b>FINANCIAL CAPABILITIES</b>	<b>HEALTHY RELATIONSHIPS (INCLUDING CONSENT)</b>  <b>WHAT IS ABUSE?</b>	<b>TALKING MENTAL HEALTH AND WELLBEING / SEX EDUCATION / Summer safety</b>
YEAR 1		<b>Calling 999</b>  Being the same / Being different Celebrating our differences Equality Racism Sexism Respect	<b>ANTI-BULLYING WEEK LESSON</b> Happiness scale  <b>ONLINE RELATIONSHIPS Lesson 1</b> Is it okay? <b>Lesson 2</b> Let's communicate <b>Lesson 3</b> Kindness costs nothing <b>Lesson 4</b> Who finds that funny or sad <b>Lesson 5</b> Information time travel <b>Lesson 6</b> Personal and private	Keeping Safe – Things that go into our bodies (Lesson 1)  Keeping Healthy – Medicines (Lesson 2)  Keeping healthy with food and drink  Keeping our teeth healthy (Lesson 1)  BASIC HYGEINE	Sameness and Difference (Lesson 1)  Celebrating the NHS (Proud to be British) BOOK: BILLY'S BRILLIANT BIRTHDAY BASH	<b>WHAT DO YOU WANT TO BE WHEN YOU GROW UP?</b>  To set a simple goal with a partner  To Know how to identify obstacles which make achieving their goals difficult and work out how to overcome them  (END OF TERM LESSON) To know when a goal has been achieved	<b>MONEY MATTERS</b>  <b>WHAT IS MONEY?</b> To recognise different coins and notes and know that they have values.  <b>WHY DO WE NEED MONEY?</b> To know that I can spend money in different places and on different things.	<b>My Special People</b> (KS1 MEDAY LESSON 1)  <b>CONSENT – KS1 LESSON</b> Asking for permission  <b>BOOK:</b> Let's talk about body boundaries, consent and respect  <b>NSPCC SPEAK OUT. STAY SAFE - TALKING PANTS</b> <b>The Underwear Rule</b>  WHAT IS ABUSE? <b>BOOK: SIMON KEEPS HURTING HIMSELF</b>	<b>NAMING EMOTIONS</b> <a href="https://www.youtube.com/watch?v=jl8G2jisNA0">https://www.youtube.com/watch?v=jl8G2jisNA0</a>  <b>SELF REGULATION (ZONES OF REGULATION) REVISION LESSON – teach tools to regulate</b> <a href="https://www.youtube.com/watch?v=KzeKZz8lw7s">https://www.youtube.com/watch?v=KzeKZz8lw7s</a>  <b>We all have feelings</b> (MHWB Lesson 1)  <b>Good and not so good emotions</b> (MHWB Lesson 2)  <b>SUN SAFETY:</b> <a href="https://www.bbc.co.uk/cbeebies/watch/sun-safety">https://www.bbc.co.uk/cbeebies/watch/sun-safety</a>  <b>WATER SAFETY:</b> RNLI PASSPORT 1 LESSON  <b>ROAD SAFETY (RECEPTION LESSON)</b> GO FOR A WALK TO CROSS ROAD (HI VIS JACKETS) <a href="https://www.think.gov.uk/resource/be-bright-be-s">https://www.think.gov.uk/resource/be-bright-be-s</a>
YEAR 2		<b>Coping in an emergency</b>  Being the same / Being different Prejudice Equality Sexism Racism Respect	<b>ANTI-BULLYING WEEK LESSON</b> Where can bullying be found? <b>ONLINE RELATIONSHIPS Lesson 1</b> Reaching out <b>Lesson 2</b> To post or not to post <b>Lesson 3</b> Should I or shouldn't I? <b>Lesson 4</b> It's okay to say no you know	Keeping Safe – Things that go into our bodies (Lesson 1)  Keeping Safe – Medicines and household products (Lesson 3)  Keeping healthy with physical activity	Sameness and Difference (Lesson 1)  Celebrating the Police force (rule of the law) BOOK: BILLY'S BRILLIANT BIRTHDAY BASH	<b>WHAT DO YOU WANT TO BE WHEN YOU GROW UP?</b>  Choose a realistic goal and plan how to achieve it with a partner  To know how to share success with other people  (END OF TERM LESSON) To know when a goal has been achieved	<b>SAVING MONEY</b> To know that I need to look after my money.  <b>WHY DO WE NEED MONEY?</b> To understand the important role that money plays in our lives.	<b>We are growing; Human Lifecycle</b> (KS1 MEDWAY LESSON 2)  <b>Everybody's body</b> (KS1 MEDWAY LESSON 3)  <b>CONSENT – KS1 LESSON</b> Asking for permission  <b>BOOK:</b> MY BODY! WHAT I SAY GOES!	<b>SELF REGULATION (ZONES OF REGULATION) REVISION LESSON – teach tools to regulate</b> <a href="https://www.youtube.com/watch?v=KzeKZz8lw7s">https://www.youtube.com/watch?v=KzeKZz8lw7s</a>  <b>Good and not so good emotions</b> (MHWB Lesson 2)  <b>Big feelings</b> (MHWB Lesson 3)  <b>RECOGNISING HOW OTHERS ARE FEELING (COMPASSION AND EMPATHY ACTIVITIES)</b>  <b>WATER SAFETY:</b>

				<p><b>Lesson 5</b> How does it feel? <b>Lesson 6</b> Should you click, click, click? <b>Lesson 7</b> Long time online</p>	<p>Keeping our teeth healthy (Lesson 1)  BASIC HYGEINE</p>				<p><b>NSPCC</b> <b>SPEAK OUT. STAY SAFE</b> <b>- TALKING PANTS</b> <b>The Underwear Rule</b></p> <p>WHAT IS ABUSE? <b>BOOK:</b> JANE HAS A SECRET</p>	<p>RNLI PASSPORT 1 LESSON</p>
YEAR 3	<p><b>Head injury</b>  <b>Bites and Stings</b></p>	<p><b>HOW / WHY</b>  Being the same / Being different Prejudice Racism Sexism Equality Respect</p>	<p><b>ANTI-BULLYING WEEK LESSON</b> Spikey the spider</p> <p><b>ONLINE RELATIONSHIPS</b> <b>Lesson 1</b> Let's get together <b>Lesson 2</b> Know or no <b>Lesson 3</b> Like me trust me <b>Lesson 4</b> Trust or no trust <b>Lesson 5</b> How does it feel? <b>Lesson 6</b> Caring about sharing <b>Lesson 7</b> Caring about sharing 2</p> <p>"It's not Banter" Spreading Rumours</p>	<p>Safety Rules and Risks – Medicines and household products (Lesson 1)</p> <p>Safety Rules and Risks – Alcohol and smoking (Lesson 2)</p> <p>Healthier eating habits</p> <p>Maintaining dental health (Lesson 2)</p>	<p>Belonging to a community (Lesson 2)</p> <p>Mutual Respect</p>	<p><b>WHAT DO YOU WANT TO BE WHEN YOU GROW UP?</b></p> <p>To know about specific people who have overcome difficult challenges to achieve success <a href="https://www.youtube.com/watch?v=zLYECljmnQs">https://www.youtube.com/watch?v=zLYECljmnQs</a></p> <p>To know what ambition is</p> <p>To know that they are responsible for their own learning</p> <p>To know what their own strengths are as a learner</p>	<p><b>What is money?</b> To understand the value of money, how to manage and use money in an increasingly digital or cashless society and how to keep money safe</p> <p>To use problem solving skills to work out where the missing money may have gone</p>	<p><b>What makes a good friend?</b> (Y3 LESSON 1 MEDWAY)</p> <p><b>Falling out with friends</b> (Y3 LESSON 2 MEDWAY)</p> <p><b>CONSENT KS2 LESSON 1</b> Giving and seeking permission</p> <p><b>BOOK:</b> MY BODY! WHAT I SAY GOES!</p> <p><b>NSPCC</b> <b>SPEAK OUT. STAY SAFE</b> <b>- TALKING PANTS</b> <b>The Underwear Rule</b></p> <p>WHAT IS ABUSE? <b>BOOK:</b> KAMAL IS ALWAYS HUNGRY</p>	<p>SELF REGULATION (ZONES OF REGULATION) REVISION LESSON – teach tools to regulate <a href="https://www.youtube.com/watch?v=KzeKZz8lw7s">https://www.youtube.com/watch?v=KzeKZz8lw7s</a></p> <p>Everyday Feelings (MHWB Lesson 1)</p> <p>Expressing Feelings (MHWB Lesson 2)</p> <p>WATER SAFETY: RNLI PASSPORT 2 LESSON</p>	
YEAR 4	<p><b>Head Injury</b> <b>Asthma</b></p>	<p><b>HOW / WHY</b>  Being the same / Being different Prejudice Racism Sexism Stereotypes Being Anti-racist</p>	<p><b>ANTI-BULLYING WEEK LESSON</b> Bullying behaviour</p> <p><b>ONLINE RELATIONSHIPS</b> <b>Lesson 1</b> Safety first <b>Lesson 2</b> Time to respect <b>Lesson 3</b> Open book <b>Lesson 4</b> Online monitoring <b>Lesson 5</b> Digital consent <b>Lesson 6</b> Digital consent 2 <b>Lesson 7</b> Online personas</p> <p>"It's not Banter" Spreading Rumours</p>	<p>Safety Rules and Risks – Medicines and household products (Lesson 1)</p> <p>Safety Rules and Risks – Alcohol and smoking (Lesson 2)</p> <p>Healthier eating choices and influences</p> <p>Maintaining dental health (Lesson 2)</p> <p>PUBERTY – Personal hygiene (MEDWAY)</p>	<p>Belonging to a community (Lesson 2)</p> <p>Individual Liberty</p>	<p><b>WHAT DO YOU WANT TO BE WHEN YOU GROW UP?</b> <b>LESSON 1</b> *To know that hopes and dreams don't always come true, and that reflecting on positive and happy experiences can help them to counteract disappointment *To know how to make a new plan and set new goals even if they have been disappointed</p> <p><b>LESSON 2</b> *To know how to work out the steps they need to take to achieve a goal *To know how to work as part of a successful</p>	<p><b>What is money?</b> To understand the value of money, how to manage and use money in an increasingly digital or cashless society and how to keep money safe</p> <p>To use problem solving skills with</p>	<p><b>LESSON 1:</b> ALL KINDS OF FAMILY <b>LESSON 2:</b> FAMILIES UNDER PRESSURE <b>LESSON 3:</b> BRINGING THE TEMPERATURE DOWN</p> <p><b>CONSENT KS2 LESSON 2</b> Personal boundaries</p> <p><b>BOOK:</b> CONSENT</p> <p>WHAT IS ABUSE? <b>BOOK:</b> Tina makes a friend online</p> <p><b>NSPCC</b> <b>SPEAK OUT. STAY SAFE</b></p>	<p>SELF REGULATION (ZONES OF REGULATION) REVISION LESSON – teach tools to regulate <a href="https://www.youtube.com/watch?v=KzeKZz8lw7s">https://www.youtube.com/watch?v=KzeKZz8lw7s</a></p> <p>Expressing Feelings (MHWB Lesson 2)</p> <p>Managing Feelings (MHWB Lesson 3)</p> <p><b>DELIVER ON RSE DAY:</b> Time for Change (Puberty) MEDWAY LESSON 1</p> <p>POSITIVE BODY IMAGE – DOVE SELF-ESTEEM LESSON</p> <p>Risk Avert (Lessons 1 &amp; 2) <a href="https://www.risk-avert.org/summer-safety-resources">https://www.risk-avert.org/summer-safety-resources</a> (scroll down to primary videos)</p>	

							group and share in the success of a group			
YEAR 5		<p><b>Head injury</b></p> <p><b>Bleeding</b></p> <p><b>Burns</b></p>	<p><b>HOW / WHY</b></p> <p>Prejudice          Racism          Sexism          Stereotypes          Equality          Being Anti-racist</p>	<p><b>ANTI-BULLYING WEEK</b></p> <p><b>LESSON</b>          Bullying or banter</p> <p><b>ONLINE</b></p> <p><b>RELATIONSHIPS</b></p> <p><b>Lesson 1</b>  <b>A picture speaks a thousand words</b></p> <p><b>Lesson 2</b>  <b>Where's the harm in that?</b></p> <p><b>Lesson 3</b>  <b>Community spirit</b></p> <p><b>Lesson 4</b>  <b>Support and report</b></p> <p><b>Lesson 5</b>  <b>All as it seems</b></p> <p><b>Lesson 6</b>  <b>Online VS offline</b></p> <p><b>Lesson 7</b>  <b>Are you a privacy pro?</b></p> <p><i>"It's not Banter"          Sexist Name calling</i></p>	<p>Managing Risk – Medicines (Lesson 1)</p> <p>Managing Risk – Legal and illegal drugs (Lesson 2)</p> <p>Managing Risk – Influences and pressure (Lesson 3)</p> <p>Let's get active</p> <p>Maintaining dental health (Lesson 2)</p> <p>PUBERTY, MENSTRUATION AND WET DREAMS (MEDWAY)</p> <p>PUBERTY, EMOTIONS AND FEELINGS (MEDWAY)</p>	<p>Stereotypes (Lesson 3)</p> <p>EXTREMISM (Lesson 4)</p> <p>Tolerance</p>	<p><b>WHAT DO YOU WANT TO BE WHEN YOU GROW UP?</b></p> <p>LESSON 1          To know the types of job they might like to do when they are older - (To know that they will need money to help them to achieve some of their dreams          To know about a range of jobs that are carried out by people I know          To know that different jobs pay more money than others)</p> <p>LESSON 2          To know that communicating with someone from a different culture means that they can learn from them and vice versa – (To know that young people from different cultures may have different dreams and goals)</p>	<p>MAKE £5 GROW  <a href="https://www.youtube.com/watch?v=az-7p2AgVr4&amp;t=558s">https://www.youtube.com/watch?v=az-7p2AgVr4&amp;t=558s</a></p> <p><a href="https://make-5-grow.co.uk/resourcehub/the-programme">https://make-5-grow.co.uk/resourcehub/the-programme</a></p> <p>LESSON 1: What is enterprise?</p> <p>LESSON 2: Teamwork</p> <p>LESSON 3: Developing ideas</p> <p>LESSON 4: Will it work?</p> <p>LESSON 5: Delivery and marketing</p> <p><a href="https://make-5-grow.co.uk/resourcehub/celebrating-success">https://make-5-grow.co.uk/resourcehub/celebrating-success</a></p>	<p>LESSON 1: When you feel safe</p> <p>LESSON 2: Just a little dare / conscience alley</p> <p>LESSON 3: Your body's warning signs / Secrets and surprises</p> <p><b>CONSENT KS2 LESSON 3</b>          Appropriate and inappropriate touch</p> <p><b>CONSENT – FORCED/ARRANGED MARRIAGE</b></p> <p>WHAT IS ABUSE?  <b>BOOK: LORNA HAS A BOYFRIEND</b></p> <p><b>NSPCC SPEAK OUT. STAY SAFE</b></p> <p>BIKE ABILITY</p>	<p>Mental Health and Keeping Well (MHWB Lesson 1)</p> <p>Managing Challenges and Change (MHWB Lesson 2)</p> <p><b>DELIVER ON RSE DAY:</b>          PUBERTY: RECAP &amp; REVIEW          MEDWAY Y6 LESSON 1</p> <p>POSITIVE BODY IMAGE – DOVE SELF-ESTEEM LESSON</p> <p>Risk Avert (Lessons 2 &amp; 3)  <a href="https://www.risk-avert.org/summer-safety-resources">https://www.risk-avert.org/summer-safety-resources</a>          scroll down to primary videos</p> <p>ROAD SAFETY LESSON          VEHICLE FLOW ASSESSMENT OF SCHOOL ROAD</p>

YEAR 6		<p><b>Choking</b></p> <p><b>Basic Life support (Primary Survey including recovery position)</b></p>	<p><b>HOW / WHY</b></p> <p>Racism Sexism Stereotypes Equality Unconscious Bias Being Anti-racist</p>	<p><b>ANTI-BULLYING WEEK</b></p> <p><b>LESSON</b> TOP TIPS for capturing evidence</p> <p><b>ONLINE RELATIONSHIPS</b></p> <p><b>Lesson 1</b> What's the impact?</p> <p><b>Lesson 2</b> Respecting boundaries</p> <p><b>Lesson 3</b> Is 'It's ok' really ok?</p> <p><b>Lesson 4</b> What I know/What I share</p> <p><b>Lesson 5</b> Digital personality pro</p> <p><b>Lesson 6</b> Toy advert</p> <p><b>Lesson 7</b> Report worries</p> <p>"It's not Banter" Damaging Rumours</p>	<p>Managing Risk – Legal and illegal drugs (Lesson 2)</p> <p>Managing Risk – Influences and pressure (Lesson 3)</p> <p>Managing Risk – drugs and alcohol in the media (Lesson 4)</p> <p>Balanced lifestyles</p> <p>Maintaining dental health (Lesson 2)</p> <p>PUBERTY – RECAP AND REVIEW</p>	<p>Stereotypes (Lesson 3) How stereotypes can be unfair, negative or destructive</p> <p>EXTREMISM (Lesson 4)</p> <p>RADICALISATION (BOOK: ON THE BUS WITH KELLY)</p>	<p><b>WHAT DO YOU WANT TO BE WHEN YOU GROW UP?</b></p> <p>LESSON 1</p> <ul style="list-style-type: none"> <li>To know their own learning strengths</li> <li>To know how to set realistic and challenging goals</li> <li>To know what the learning steps are they need to take to achieve their goal</li> </ul> <p>LESSON 2</p> <ul style="list-style-type: none"> <li>To know how to work with other people to make the world a better place</li> <li>To know some ways in which they could work with others to make the world a better place</li> <li>To know what their classmates like and admire about them</li> </ul>	<p>MAKE £5 GROW (10 GROUPS PER CLASS) <a href="https://www.youtube.com/watch?v=az-7p2AgVr4&amp;t=558s">https://www.youtube.com/watch?v=az-7p2AgVr4&amp;t=558s</a></p> <p><a href="https://make-5-grow.co.uk/resourcehub/the-programme">https://make-5-grow.co.uk/resourcehub/the-programme</a></p> <p>LESSON 1: What is enterprise?</p> <p>LESSON 2: Teamwork</p> <p>LESSON 3: Developing ideas</p> <p>LESSON 4: Will it work?</p> <p>LESSON 5: Delivery and marketing</p> <p><a href="https://make-5-grow.co.uk/resourcehub/celebrating-success">https://make-5-grow.co.uk/resourcehub/celebrating-success</a></p> <p>LETTER TO PARENTS FOR OPENING BANK ACCOUNT WITH THEIR CHILD?</p> <p>STAND ALONE LESSON: <b>CRUCIAL CREW (COUNTY LINES/KNIFE CRIME)</b></p>	<p>LESSON 1 Relationship abuse</p> <p>LESSON 2 Consent and healthy boundaries</p> <p>LESSON 3 Sharing sexual images and peer pressure</p> <p><b>WHAT IS GENDER HARRASMENT?</b></p> <p><b>CSE – ALRIGHT CHARLIE</b> <a href="https://basisyorkshire.org.uk/resource/alright-charlie-cse-primary-school-resource/">https://basisyorkshire.org.uk/resource/alright-charlie-cse-primary-school-resource/</a> COMPLETE WORKBOOK WITH VIDEO <a href="https://www.youtube.com/watch?v=jm86h2tblnk">https://www.youtube.com/watch?v=jm86h2tblnk</a></p> <p><b>NSPCC SPEAK OUT. STAY SAFE</b></p> <p><b>BIKE ABILITY</b></p>	<p>Managing Challenges and Change (MHWB Lesson 2)</p> <p>Feelings and Common Anxieties When Transitioning to Secondary School (MHWB Lesson 3)</p> <p>The Importance of Sleep LESSON LINK</p> <p>PUBERTY: RECAP &amp; REVIEW MEDWAY Y6 LESSON 1</p> <p>PUBERTY: CHANGE AND BECOMING INDEPENDENT MEDWAY Y6 LESSON 2</p> <p>POSITIVE AND HEALTHY RELATIONSHIPS MEDWAY Y6 LESSON 3</p> <p><b>DELIVER ON RSE DAY: UNLESS ABSENCES</b></p> <p>GOODNESS AND MERCY LESSON: L1: ATTRACTION – HOW DO PEOPLE HAVE SEX?</p> <p>GOODNESS AND MERCY LESSON: L2: THE IMPACT OF SEXUAL INTERCOURSE</p> <p>GOODNESS AND MERCY LESSON L3: CONCEPTION, GESTATION AND RESPONSIBILITY</p> <p>WHAT IS ABUSE? <b>BOOK: ANISO DOESN'T WANT TO GO ON HOLIDAY</b> <b>What is FGM?</b></p> <p>RISKY BEHAVIOURS RISK AVERT programme Risk Avert (Lessons 2 &amp; 3) <a href="https://www.risk-avert.org/summer-safety-resources">https://www.risk-avert.org/summer-safety-resources</a> scroll down to primary videos</p> <p>TRANSITION WORKSHOPS</p>
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KEY DATES		AUT 1	AUT 2	SPR 1	SPR 2	SUMMER
		<p>WORLD SUICIDE PREVENTION DAY 10<sup>TH</sup> September FAIR TRADE FORTNIGHT 21<sup>ST</sup> FEB TO 6<sup>TH</sup> MARCH WORLD FIRST AID DAY - 11<sup>TH</sup> SEPT</p> <p>WORLD DEMOCRACY DAY - 15<sup>TH</sup> SEPT</p> <p>INTERNATIONAL DAY (stj) 22<sup>ND</sup> OCT WORLD SMILE DAY 1<sup>ST</sup> OCT</p> <p>ADHD AWARENESS MONTH</p> <p>WORLD TEACHERS DAY 5<sup>TH</sup> OCT</p> <p>WORLD MENTAL HEALTH DAY 10<sup>TH</sup> OCT</p> <p>WORLD HOMELESS DAY 10<sup>TH</sup> OCT</p> <p>BLACK HISTORY MONTH 1-31 OCT</p>	<p>ANTI-BULLYING WEEK 15-19 NOV</p> <p>WORLD KINDNESS DAY 13<sup>TH</sup> NOV</p> <p>ROAD SAFETY 16<sup>TH</sup> – 22<sup>ND</sup> NOV</p> <p>DAY OF PERSONS WITH DISABILITIES INC SIGHT DAY 3<sup>RD</sup> DECEMBER</p> <p>HUMAN RIGHTS DAY 10<sup>TH</sup> DECEMBER</p>	<p>HOLOCAUST MEMORIAL DAY 27<sup>TH</sup> JAN 22 MLK DAY 17<sup>TH</sup> JAN 2022</p> <p>SAFER INTERNET DAY 8<sup>TH</sup> FEB 22</p> <p>CHILDRENS MENTAL HEALTH WEEK 7-13<sup>TH</sup> FEB</p> <p>RANDOM ACTS OF KINDNESS DAY 17<sup>TH</sup> FEB</p>	<p>YOUNG CARERS DAY 16<sup>th</sup> March 2022</p> <p>CHILD EXPLOITATION AWARENESS DAY 18<sup>th</sup> MARCH – video to be shared with staff</p> <p>WALK TO SCHOOL WEEK 17<sup>TH</sup> TO 22<sup>ND</sup> MAY 22</p>	<p>WORLD REFUGEE DAY 20<sup>TH</sup> JUNE</p> <p>DIVERSITY WEEK 20<sup>TH</sup> TO 24<sup>TH</sup> JUNE</p> <p>30<sup>th</sup> June RSE DAY <a href="https://www.1decision.co.uk/info/rse-day-sc">https://www.1decision.co.uk/info/rse-day-sc</a></p> <p>WATER SAFETY DAY (DROWNING) 25<sup>TH</sup> JULY</p>